





## Living for Zachary Heart Screenings

## keeping young athletes safe on the field!







## STUDENT HEART SCREENING DETAILS:

DATE: Thursday, August 6th, 2015

LOCATION: Highland Park High School, Highlander Stadium, 4233 Grassmere

COST: \$100 (A portion of the proceeds will go to the Highland Park Athletic Department)

SCREENING PACKAGE: Limited Echocardiogram, ECG & Blood Pressure Test

Screenings available for incoming 7th thru 12th graders

## **ABOUT LIVING FOR ZACHARY HEART SCREENINGS:**

Sudden Cardiac Arrest (SCA) claims one life every 2 minutes, taking more lives each year than breast cancer, lung cancer, or AIDS. Many appear healthy and have no known family history of heart-related illness. Typically, SCA symptoms are silent until it is too late. On April 2, 2009, Zac Schrah collapsed during high school football practice in Plano due to hypertrophic cardiomyopathy (HCM), a common cause of SCA in young people. Living for Zachary was founded in his honor and established to raise awareness of undiagnosed heart issues in teens.

Frontera is partnering with HPISD to offer potentially life-saving screenings that include an echocardiogram, ECG and blood pressure check. These screenings are non-invasive and take approximately 20 minutes to perform. The screening results are reviewed by a board-certified cardiologist and are ready in approximately 3 business days.

Space is limited - schedule today! Visit studentheartscreenings.com